

**LISD RELAYS**  
**SCHEDULE OF EVENTS**  
**MARCH 26, 2010**

**2:30 Field events begin**

**LONG JUMP AND TRIPLE JUMP:**

Pit #1 : VB-TJ, JVB-TJ VG-TJ JVG- TJ

Pit #2 : JVB-LJ, VB-LJ

Pit #3 : VG-LJ, JVG-LJ

**HIGH JUMP:**

Pit #1: JVG, JVB,

Pit #2: VB, VG

**POLE VAULT:**

VB, VG, JVB, JVG

**SHOT PUT:**

Ring #1: VG, VB

Ring #2: JVB, JVG

**DISCUS:**

Ring #1: VB, VG

Ring #2: JVG, JVB

\*\*\* PLEASE NOTE: All Varsity Jumpers and Throwers will have four (4) attempts only - JV will have three (3). -- There will be no finals. \*\*\*

**3:00 3200 Meter Run (JVG, JVB, VG, VB)**

**4:30 All Running Finals**

The order will be JVG, JVB, VG, VB for all events except as noted below.

The order of events will be as follows:

**Weight Event Relay** - must be shot or discus athletes not running other events

**400 Meter Relay**

**800 Meter Run**

**100 Meter High Hurdles (JVG, VG, JVB, VB)**

**100 Meter Dash**

**800 Meter Relay**

**400 Meter Dash**

**300 Meter Int. Hurdles (JVG, VG, JVB, VB)**

**200 Meter Dash**

**1600 Meter Run**

**1600 Meter Relay**